

You can learn how to reduce military suicides.



Are you a family member or a friend to someone who is serving or served in the military? You are needed!

Learn skills to aid in preventing a military suicide.

QPR = Question. Persuade. Refer.

QPR Training is clear, concise and efficient.

If you are interested or you have a group of friends or colleagues who would like to learn the signs of suicide and what to do next, call 617-979-6275.

The training is 1.5 hours long. Refreshments are provided.

The Arredondo Family Foundation, Inc. offers this important training at no-cost. Call 617-979-6275 to learn more or email at melida@arredondofoundation.org.



arredondo family foundation